



OCTOBER | 2017

North Central Eagles

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mini Corn Dogs Seasoned Pasta Campfire Beans Fruit Milk	3 Chicken Patty on Bun Lettuce & Tomato French Fries Fruit Milk	4 French Toast Sticks Sausage Hashbrown 100% Juice Fruit Milk	5 Stuffed Crust Pizza Romaine Salad Seasoned Corn Fruit Milk	6 Boneless Wings French Fries Celery & Ranch Pretzel Fruit Milk
9 Sausage Biscuit (k-6) Egg, Sausage & Cheese Biscuit (7-12) Hashbrown 100% Juice Fruit Milk	10 Cheese & Meat Nachos Lettuce & Salsa Pintos & Cheese Cookie Fruit Milk	11 2hr Delay Spaghetti & Meatballs Seasoned Green Beans Garlic Toast Fruit Milk	12 Pizza Breadsticks Marinara Seasoned Corn Fruit Milk	13 Chicken Nuggets Tater Tots Steamed Broccoli Dinner Roll Fruit Milk
16 Chicken Parmesan Seasoned Pasta Romaine Salad Garlic Bread Fruit Milk	17 Pancakes Sausage Hashbrown 100% Juice Fruit Milk	18 Macaroni & Cheese Seasoned Peas Dinner Roll Fruit Milk	19 Fiestada Pizza Baby Carrots Cole Slaw Fruit Milk	20 Hot Dog (k-6) Chili Dog (7-12) French Fries Baked Beans Fruit Milk
23 Popcorn Chicken Seasoned Pasta Glazed Carrots Dinner Roll Fruit Milk	24 Hamburger On Bun Lettuce & Tomato French Fries Fruit Milk	25 Chicken Alfredo w/ Rotini Steamed Broccoli Garlic Toast Fruit Milk	26 Italian Dippers Marinara Sauce Green Beans Fruit Milk	27 Soft Taco w/Lettuce & Cheese, Salsa Seasoned Corn Cookie Fruit Milk
30 Chicken Strips Roasted Potatoes Glazed Carrots Dinner Roll Fruit Milk	31 Chili Crunch & Cheese Seasoned Green Beans Punkin Cookie Fruit Milk		<u>Lunch Prices</u> K-6 \$2.70 7-12 \$2.85 Adult \$3.25 Reduced 40¢	<u>Breakfast Prices</u> K-6 \$1.25 7-12 \$1.50 Adults \$2.00 Reduced 30¢

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Breakfast Menu

Mon- Donut & Yogurt
Tues- Breakfast Wrap
Wed- PB & J Graham
Thurs- French Toast & Sausage

Fri- Biscuit & Gravy

**All are served with Fruit choice,
 100% juice and milk
 Cereal may be substituted for the
 entree**

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Studies show eating
 breakfast help students pay
 attention, better perform
 problem solving tasks and
 improves memory.